

Herbal Tinctures

They are made on premises, very strong, and they work.

Wild American Ginseng stimulates and relaxes the nervous system, encourages the secretion of hormones, builds and strengthens sexual organs, lowers blood sugar and cholesterol levels, increases resistance to disease. Excellent for stress, shock or chronic illness and insomnia, coronary heart disease and angina. Should not be taken for more than 3 weeks at a time

Ginkgo Biloba dilates the bronchial tubes and blood vessels, controls allergic responses, stimulates circulation for Raynaud's disease, varicose veins, and urinary incontinence. Also increases mental alertness, vitality, and energy levels.

Echinacea stimulates the immune system, promotes healing since it has antibacterial and antiviral properties. Great for slow healing wounds, upper respiratory tract infections and venereal disease, boils, fungal infections and abscesses. Can also be used externally for herpes, acne, psoriasis, and infected injuries.

Goldenseal is a blood purifier, natural antibiotic, anti-inflammatory for nasal passages, throat, bronchial tubes, bladder, teeth and gums, increases blood flow to spleen, which increases activity of white blood cells. Can be used externally for eczema, vaginal infections, ear inflammations, tennis elbow, pleurisy, whiplash injuries, boils and ulcers.

Saw Palmetto provides nutritional support for prostate, shrinks enlarged prostate naturally and treats impotence. Has anticancer properties.

Lobelia is one of the most powerful herbs for asthma, bronchitis and cirrhosis, jaundice, edema, stomach cancer, eczema and snakebite with depressed respiration. The best herb for relieving leg cramps or spasms.

Cayenne Great for increasing circulation, for varicose veins, and digestive problems. Also increases perspiration and reduces sensitivity to pain. Externally, can be used for sprains, lumbago and pleurisy. A great heart tonic combined with lobelia. It thins the blood naturally and stops bleeding within one minute both externally and internally.

Garlic is a wonderful natural antibiotic, blood cleanser, prevents infections, treats colds and influenza, bronchitis, reduces fever, blood pressure, high cholesterol and blood sugar levels in diabetics naturally. May be used externally for acne and fungal infections. Thins the blood and dissolves clots.

Garlic-Parsley has the same properties of garlic and parsley in one tincture with the benefit of removing the garlic odor.

Red Clover has anti carcinogenic properties, natural blood thinner and purifier, dissolves blood clots. Excellent for psoriasis and eczema, gout, dry coughs and chronic degenerative disease.

Juniper Berry is used internally for kidney and bladder inflammation, edema, rheumatism, arthritis, gout, poor digestion with flatulence and colic. Can dissolve kidney stones. Do not use for more than two weeks.

Parsley relieves the body of unwanted water accumulation (edema), kidney stones, arthritis, rheumatism, anorexia, anemia and promotes lactation after delivery. Also very high in Vitamin C and A and is an effective antioxidant. Do not use when pregnant.

Ginger relieves nausea, chills, colds and coughs. Also regulates blood pressure and increases muscle tone, uterine bleeding and blood in urine. Gets the blood flowing to the extremities to relieve cold hands and feet. Great for morning sickness and controls vomiting. Also gets rid of garlic breath.

Plantain is great for diarrhea, bronchitis, cystitis, hay fever, ear infections and gastric ulcers. Relieves itching externally for insect bites, eye inflammation, shingles, hemorrhoids and varicose ulcers.

Hawthorn Berry is a warming herb that improves peripheral circulation and regulates heart flow, blood pressure and coronary blood flow. Repairs and prevents damage to the heart. It is the #1 herb for the heart.

St. Johnswort is good for relieving anxiety, nervous tension, P.M.S. symptoms, shingles, sciatica, fibrosis and cramps. Can also be used for burns, bruises, deep painful wounds, scores, sprains and tennis elbow externally. Promotes restful sleep.

Kava Kava is a warming herb that has calming effect but promotes mental awareness, therefore is a great stress and anxiety reducer. It also relieves pain, relaxes spasms, but has a stimulating effect on the circulatory and nervous system. It is also effective for genito-urinary infections, gall bladder complaints, arthritis and rheumatism.

Peppermint is an antiseptic herb especially used for colds, influenza, neuralgia, sciatica, arthritis and sprains. Especially good digestive herb that smoothes stomach upsets and relieves gas.

Chamomile acts mainly in digestive problems such as colic diverticulitis morning sickness, painful menstruation and insomnia. Also good for hyperactivity and temper tantrums in children.

Raspberry is used internally for easing menstrual cramps and menopausal symptoms. It is also excellent for relieving diarrhea and is high in organic calcium.

Milk Thistle is a tonic herb that regenerates and detoxifies the liver, stimulates bile flow and relaxes spasms. Especially good for gall bladder, jaundice, cirrhosis, hepatitis and poisoning by alcohol, drugs and chemicals.

White Willow has been used for centuries for pain relief and to lower fevers and reduce inflammation since it yields salicylic acid which is found in aspirin. Relieves headache, neuralgia, arthritis, and diarrhea.

Pau D'Arco is a cooling herb that lowers fever and reduces inflammation; used for chronic degenerative diseases, cancer, tumors, cysts, fungal infections especially candida and venereal, rheumatic and skin diseases like eczema, herpes and scabies.

Olive Leaf is a natural antibiotic. It also lowers fever and blood pressure and has a calming effect for nervous tension and hypertension, and also acting as laxative for constipation. Is also a stimulant for the immune system.

Gota Kola is a rejuvenating diuretic herb that clears toxins, reduces inflammation and fever, improves healing and immunity and has a balancing effect on the nervous system. It improves circulatory problems in lower limbs and speeds healing, therefore is wonderful for venereal disease, varicose veins and ulcers, senility, and nervous disorders, leprosy and malaria.

Lavender is an aromatic tonic herb with a sweet scent. It is used internally for indigestion, depression, anxiety, exhaustion, irritability, tension and migraine headache as well as bronchial complaints, halitosis, vaginal discharge and alleviates nausea.

Rosemary is used internally for depression, apathy, nervous exhaustion, headaches and migraines associated with nervous tension or feeling cold, poor circulation and digestive problems associated with anxiety.

Devil's Claw is a sedative, pain-killing herb that reduces inflammation and stimulates the digestive and lymphatic systems. Therefore it is great for arthritis, neuralgia and digestive problems of the gall bladder and pancreas.

Cat's Claw is an immune system stimulating herb for healthy or sick individuals. It has as well anticancer properties and has been clinically shown to help in AIDS therapy. It relaxes veins, reduces cramps and regulates blood pressure. However it is not recommended for pregnant or nursing women.

Licorice is a sweet anti-inflammatory herb, an expectorant, controls coughing and has hormonal effects. It detoxifies and protects the liver. Used for asthma, bronchitis and allergic complaints and following steroid therapy. Not to be used when pregnant, or if high blood pressure or kidney disease is present.

Dong quai is a tonic herb for the female reproductive system and liver. It is also a mild laxative, sedative and painkiller. Used for menstrual postpartum and menopausal complaints and anemia.

Evening Primrose is an alternative herb that regulates hormonal systems. Used internally for premenstrual and menopausal syndromes, eczema, acne, brittle nails, hyperactivity in children, rheumatoid arthritis, coronary artery disease, alcohol related liver damage and multiple sclerosis.

Elderberry Blossom a coolant herb that reduces fever and inflammation, soothes irritation used for flu, colds, excess mucus, sinusitis and fevers, rheumatic complaints, constipation and arthritic conditions.

Passion Flower is used internally for nervous tension, insomnia, irritability, tension headache, asthma, irritable bowel syndrome, premenstrual tension, hypertension and shingles.

Nettles a tonic herb that controls bleeding, clears toxins & reduces blood pressure and blood sugar levels. Used internally for anemia, hemorrhage, excessive menstruation, hemorrhoids, arthritis, rheumatism, gout and eczema. Externally used for scalp and hair problems, sciatica, arthritic pain, neuralgia, burns and insect bites, nosebleed.

Oregon Grape Root is one of the best herbs for gall bladder complaints, chronic hepatitis B, gastritis and diarrhea. It is a liver tonic and blood purifier, a decongestant herb that stimulates bile and releases toxins.

Chaste Tree Berries a relaxant herb that regulates hormonal functions, promote lactation and relieve spasms and pain. Internally used for menstrual and menopausal complaints, insufficient lactation and involuntary ejaculation.

Blue Vervain is used internally for nervous exhaustion, depression, convalescent debility, asthma, migraine, jaundice, gall bladder problems and insufficient lactation. It calms the nerves, relieves pain, controls bleeding and improves liver and gall bladder function and stimulates the uterus. Not recommended during pregnancy but may assist contraction during labor.

Gravelroot is used internally for kidney and urinary disorder including stones, cystitis, for painful menstruation or a history of miscarriage and difficult labor.

Eyebright is a bitter astringent herb used since the 14th century for all evils of the eye, whether it be excess mucus, conjunctivitis, herpes, eye injuries or cataracts, weakness of the eye. Can also be used as an eyewash and internally for sinusitis, allergic rhinitis, hay fever and upper respiratory tract infections.

Bilberry is a bittersweet, astringent coolant herb that acts as a diuretic edema, lowers blood sugar (diabetes). Is also used to combat anemia, diarrhea, dysentery and urinary complaints. Helps increase circulation to the eyes.

Dandelion is an excellent liver cleanser, also used for gall bladder and urinary disorders, gallstones, jaundice, liver cirrhosis, heart weakness, reduces chronic swelling of joints, gout, eczema and acne. Naturally very high in potassium.

Mullein one of the best for coughs, bronchitis, laryngitis, tonsillitis, asthma, tuberculosis, urinary tract infections, nervous tension and insomnia. Externally used for hemorrhoids, boils & rheumatic pain.

Periwinkle is used for excessive, abnormal uterine bleeding and vaginal discharge. Is also an excellent cerebral stimulant and treats hardening of the arteries (especially cerebral arteries) on Alzheimer's patients.

Sage relaxes spasms, suppresses perspiration (night sweats), reduces anxiety, depression and menopausal problems. Also relieves indigestion, excessive gas and liver complaints. A great nerve tonic since it alleviates mental exhaustion and is also very beneficial for the respiratory system.

Feverfew is an excellent herb for migraine headaches, rheumatism, arthritis and digestive or menstrual complaints. Not to be taken when pregnant.

White Oak Bark is very high in organic calcium, nutritional support for teeth gums, nails and varicose veins. Also is used for dysentery, hemorrhage, prolapsed uterus or anus.

Barberry is a very bitter herb that stimulates the liver, spleen and uterus, also lowering fevers and blood pressure. Since anticancer effects have been demonstrated can be used during cancer chemotherapy. Not to be used when pregnant.

Comfrey, also called knitbone, is externally great for fractures, sprains, sore breasts, bunions, varicose veins, ulcers, eczema and psoriasis, since it promotes cell proliferation. Can be used internally for chronic bronchial, gastric, duodenal ulcers, colitis & rheumatism.

Motherwort regulates menstruation, especially post-partum bleeding, good for edema, kidney complaints and stones, eczema and abscesses. Also is effective against bacterial and fungal infections. Not to be taken while pregnant.

Wormwood - is the best herb for expelling parasites.

Black Walnut is one of the best anti-fungal herbs. Treats ringworm effectively and is an effective naturally vermifuge (expels parasites). Can be used internally as well as externally.

Celandine is used internally for inflammation of the gall bladder, biliary ducts, jaundice hepatitis, gout, arthritis and rheumatism, spasmodic coughs, cancer of stomach and skin. Externally is excellent for warts, ringworm, malignant tumors, eye inflammations, cataracts, psoriasis, bruises and sprains.

Valerian is a sedative and warming herb that calms the nerves, relaxes spasms, improves digestion, relieves pain, and lowers blood pressure. Also used for insomnia, hysteria, anxiety, cramps, migraines and painful menstruation.

Angelica is an anti-inflammatory herb that relaxes spasms, increases perspiration, lowers fever and has expectorant effects. It acts mainly on the bronchial, digestive, urinary and female reproductive systems. It is also used for gastric ulcers, anorexia, migraine sickness, bronchitis, excess mucus, influenza, chronic fatigue, menstrual and obstetric complaints. Externally used for rheumatic pain, neuralgia and pleurisy. Not to be taken when pregnant or if diabetic.

Black Cohosh is a bitter tonic herb that soothes aches and pains, controls coughing, lower fevers and stimulates the uterus. It is used for menstrual complaints, labor and post-partum pains, arthritis, rheumatism, sciatica and taunts. Has high natural estrogen. Not to be used while pregnant or lactating.

Blue Cohosh is an acrid bitter, warming herb that stimulates the uterus taken in the last 4 weeks of pregnancy and labor to facilitate contraction and cervical dilation. Is also used for arthritis, rheumatism and gout.

Skullcap is a sedative herb that is used for nervous and convulsive complaints, insomnia, irritability, delirium and neuralgia, hepatitis, urinary tract infections, nosebleeds and hypertension and hemorrhaging from the lungs or bowels.

Wild Yam is an anti-inflammatory herb that relaxes spasms. Is used internally for arthritis, colitis, irritable bowel syndrome, diverticulitis, gall bladder complaints, Crohn's disease, morning sickness, painful menstruation, bronchitis, excess mucus, asthma, whooping cough and cramps.

Damiana is a healer of both male and female reproductive organs, alleviates prostate and menopausal symptoms, vaginal bleeding and painful menstruation. Contains natural estrogen and is a great nerve tonic.

Bayberry is an astringent herb that stimulates circulation, increases perspiration and controls bacterial infections. Is used internally for fevers, colds, influenza, excess mucus, diarrhea, colitis, excess menstruation and vaginal discharge. Externally used for sore throat, ulcers, sores and itching skin conditions, dandruff and hair loss.

Buckthorn is a purgative herb that cleanses toxins from tissues. Is used internally for constipation, internal parasites and gallstones, abdominal bloating, jaundice and liver complaints.

Hops is a potent sedative used for insomnia, nervous tension, anxiety, irritability, nervous intestinal complaints (including irritable bowel syndrome) and premature ejaculation. Externally used for skin infections, eczema, herpes and leg ulcers.

Marshmallow is used internally for inflammation and ulceration of the digestive tract, hiatus hernia, bronchitis, excess mucus, asthma, whooping cough, urinary tract infections and irritating coughs. Externally used for boils, abscess, eye and skin inflammation, insect bites, splinters, gingivitis and gangrene.

Cascara Sagrada – used for chronic constipation, colitis, digestive complaints, hemorrhoids, liver problems and jaundice. Externally is used to deter nail biting.

Ma Huang used for asthma, hay fever and allergic complaints. Is a warming herb that dilates the bronchial vessels, stimulates the heart and central nervous system, is a diuretic and increases perspiration.

Catnip helps to lower fevers, especially with colds and flu, helps with insomnia, excitability, palpitation, nervous indigestion, diarrhea, stomach upsets and colic.

Arnica used internally for the short-term treatment of heart disease and coronary artery disease. Also relieves pain and inflammation and clears fungal and bacterial infections. Can be used externally for dislocation, sprains and bruises.

Oats used internally for depression, nervous exhaustion, shingles, herpes, menopausal symptoms and sexual stimulant.

Pokeroot used internally for auto immune diseases (especially rheumatoid arthritis), tonsillitis, mumps, swollen glands, excess mucus, bronchitis, skin disease and inflammations. Also has anti-cancer properties.

Horsetail acts mainly on the genitourinary system and controls internal and external bleeding. Therefore is used internally for prostatitis, incontinence, cystitis and arthritis. Should be limited only to short term use.

Sarsaparilla internally is excellent for rheumatoid arthritis, gout, syphilis, skin disorders including psoriasis, urinary tract infections, jaundice, skin ulcers, boils, abscesses and various kinds of cancer. Also controls itching, improves digestion and elimination of mercury poisoning and is antiseptic.

Uva Ursi is an astringent & anti bacterial herb that is very effective against urinary infections and vaginitis. Not to be used by children, when pregnant, or when kidney disease is prevalent.

Chickweed helps clean the blood to help relieve symptoms and itching of psoriasis.

Astragalus increases the immune system, relieves depression, helps chronic fatigue and increases production of white blood cells.

Propolis a natural antibiotic, has antiviral, and anti-fungal properties. Good for whatever ails you.

Mullein-Lobelia helps to balance and regulate all glands in the body (thyroid, pituitary, prostate, adrenal, and sweat glands) Increases circulation throughout the body and regulates heartbeat.

Menopause & PMS helps to stimulate and balance the hormones in the body to relieve menopausal symptoms, such as night sweat, hot flashes, insomnia, and mood swings.

Sleepytime will calm and relax nerves and allow natural sleep to rejuvenate the body.

Cataract helps to increase circulation to the eye, removes cholesterol build up, and disinfects the eye.